INTERNATIONAL SYMPOSIUM ON DIABETES AND NUTRITION

Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes

Platja d’Aro, Girona
15 – 17 June 2020

www.dns2020.com

Novel approaches on nutrition and diabetes: 2020 and beyond

DATES

Congress: From 15th to 17th June 2020
Deadline for abstract submission: 8th March 2020

VENUE

Hotel Cap Roig
Avda Andorra, 18. 17250, Platja d’Aro, Girona (Catalonia, Spain)

TOPICS

The main topics of the Congress will be the following:

- Food patterns encouraging the consumption of plant-based food
- Omics: a new approaches to the study of nutrition and health
- Polyphenols and its relevance in the pathophysiology of T2D
- Meal replacement, body weight and diabetes
- Vegetable fat sources: type or amount?
- Carbohydrate quality or fibre content
- Genetic, epigenetic, nutrition and cardiovascular health

TECHNICAL SECRETARIAT
Tel. +34 938 823 878
dns2020@bcocongresos.com
**REGISTRATION FEES**

Early Bird registration now open

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<tr>
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<th>Until 31/12/2019</th>
<th>Until 31/5/2020</th>
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<tr>
<td>DNSG Member Participant Package (single room)</td>
<td>950€</td>
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<td>Accompanying Person**</td>
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The registration fee includes: Congress material, admission to the full program sessions, coffee breaks, welcome cocktail, buffet lunches and dinners and 3 nights of accommodation.

* Prices are per person
** The accompanying person fee includes: coffee breaks, welcome cocktail, buffet lunches and dinners and 3 nights of accommodation.

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**TOURIST INFORMATION**

**The Medes Islands**
This is a protected maritime-terrestrial zone with great biological diversity. The submerged area is a protected zone that contains a number of very complex ecosystems, making it an ideal spot for diving.

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**Figueres and the Dali Museum**
Inaugurated in 1974, the Dali Theatre-Museum was atop the remains of the former Theatre of Figueres, and contains a broad spectrum of works covering the artistic career of Salvador Dali (1904–1989), from his early artistic experiences and his creations within the sphere of surrealism through to works dating from the last year of his life.

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**Girona**
One of the most interesting in Catalonia, the historic city of Girona invites visitors to trace its more than 2000 years of history through two fortified enclosures, the Força Vella and the Medieval Quarter. The Força Vella dates back to the Roman foundation while the medieval extension of the city walls was carried out during the 14th and 15th centuries. The highlights of Girona are rounded off by the impressive old Jewish Quarter or Call, with its beautiful streets and porticoed squares, and by the exuberant baroque spaces and Noucentisme-style buildings by architect Rafael Masó.

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**El Cami de Ronda**
The route of Camí de Ronda is a path made for walking along the ancient path in the seaside of the Costa Brava. The above-mentioned, paired with the beauty of the landscape, flora and the abrupt geology of the Costa Brava, makes Camí de Ronda an authentic paradise for hikers and trekkers.